

Updated menu
Poly Big Fun
2024

Thursday-

pot luck and sandwich trays

Friday morning-

vegan and non vegan hash brown casserole

Vegan-

potatoes
garlic and garlic powder
onion, paprika, oregano
vegan cheese sauce
cashews, veggie broth
salt and pepper

Non vegan

potatoes
condensed cream of chicken
sour cream
onion
Colby cheese
pepper

Eggs- scrambles

Eggs- hard boiled

Bagels- assorted

Toast

Fruit

Cereal (GF)

Pancakes

Syrup

Coffee

Tea

Friday Lunch

Taco Bar-Vegan and non Vegan

Ground Beef and Crumbled Firm Tofu

GF Seasoning

(salt, pepper, onion powder, garlic powder, cumin, oregano)

Shredded Cheese

Diced Onion

Diced jalapeño

Pace Picante Salsa (GF)

Flour Tortillas

Corn Chips (GF)

Black Beans (GF)

Pinto Refried beans (GF)

Sour Cream (GF) not vegan

Friday Dinner

Egg Rolls- vegan (not GF)

Egg Roll bowels (GF)

Beef stir fry

beef

onions

sesame seeds

oil

soy sauce (Some without Soy)

Vegan Firm Tofu Crumbles

Tofu

oil

sesame seeds

garlic

Soy Sauce

Saturday Breakfast

Same as Friday

Saturday Lunch

Hamburgers- Beef and Beyond beef (Vegan)

Buns and GF Buns

Ketchup (GF)

Mayo (GF)

Mustard (GF)

Chips GF

Pita Chips

Corn Tortilla Chips (GF)

Saturday Dinner

Vegan Shepards Pie

red lentils and tofu crumbles

garlic powder, onion powder, salt and pepper

corn, peas, and carrots mix

mashed potatoes

potatoes, vegetable broth, salt and pepper

Beef Shepards Pie

Ground Beef, salt, pepper, onion powder, garlic powder,

corn, peas, and carrots

mashed potatoes

milk, butter, potatoes, salt and pepper